



COVID-19 Isolation and Quarantine Guidelines

January 19, 2022

This fact sheet provides information on when and for how long employees/students must be excluded from the school or work setting if they test positive or are exposed to someone who has COVID-19. The chart below reflects the new County of Orange Health Officer Orders for isolation and quarantine periods guidance from January 14, 2022,

Vaccination status	Isolation or quarantine	Period of time to be excluded from work
All persons who test positive for COVID- 19, regardless of vaccination status	Isolation	<ul style="list-style-type: none"> • Must be excluded from school/work for at least 5 days. • A person can return to work or school after day 5 if they do not have symptoms <u>and</u> test negative. • If a person cannot test or declines to test they can return to work/school after 10 days. • Must wear a face covering around others at work for a total of 10 days after the positive test.
All persons who have symptoms regardless of vaccination status	Isolation	<ul style="list-style-type: none"> • Must be excluded from the school/work for at least 5 days. • They may end isolation IF: A diagnostic specimen collected as early as the onset of their symptoms or later tests negative. • If fever is present, isolation shall continue until fever resolves without the use of fever-reducing medications. • If symptoms other than fever are not resolving, isolation shall continue (i) until symptoms are resolving or (ii) for 10 days regardless of whether symptoms are resolving or not. • If a person cannot test or declines to test they can return to work/school after 10 days. • Must wear a face covering around others at work for a total of 10 days after the positive test.
Persons exposed to someone with COVID-19 who <u>ARE NOT</u> up to date with vaccines.	Quarantine	<ul style="list-style-type: none"> • Must be excluded from school or the workplace for 5 days after the close contact <u>and</u> take a test on day 5. • A person can come back to work or school after day 5 if they test negative and do not have any symptoms. • If the person cannot test or declines to test they can return to school or the workplace after day 10 if they do not have symptoms. • Must wear a face covering around others at work for 10days after exposure. • If the person develops symptoms, they must be excluded pending a test result.
Persons exposed to someone with COVID-19 who <u>ARE</u> up-to-date with vaccines	No quarantine	<ul style="list-style-type: none"> • Does not need to be excluded from school or work if asymptomatic but must have a negative test 3-5 days after close contact. • Must wear a face covering around others at work for 10days after exposure. If the person develops symptoms, they must be excluded pending a test result.

*Persons are considered NOT up-to-date if they:

1. Are unvaccinated for COVID-19; **OR**
2. Have not completed a primary series with any COVID-19 vaccine; **OR**
3. Completed a primary series (two doses) of Pfizer or Moderna COVID-19 vaccines more than six months ago and are not boosted; **OR**
4. Completed a primary series (one dose) with Johnson & Johnson/Janssen vaccine more than two months ago and are not boosted.