



Associate in Arts in Kinesiology for Transfer

The proposed Associate in Arts in Kinesiology for Transfer is designed to prepare students for transfer into the CSU system to complete a baccalaureate degree in Kinesiology or similar major. This degree provides guaranteed admission with junior status to the CSU system, along with priority admission to a local CSU, in the Kinesiology major. Upon completion of the degree students will be able to articulate understanding of scientific foundations of Kinesiology, distinguish between Kinesiology-related careers, and demonstrate movement skills competence. Students will gain knowledge and movement-based experience preparing them in pursuit of a bachelor’s or master’s degree and or professional certification in exercise science, nutrition, health promotion, sports medicine athletic training, physical therapy, and coaching or fitness related fields.

Learning Outcome(s):

1. Students will apply scientific foundations to understanding human movement.
2. Students will discuss the importance of physical activity in daily life and the implications for Kinesiology-related careers.
3. Students will demonstrate competence in at least 3 areas of physical activity experience.

Courses

Units

Required Core (14 units)

Kinesiology Professional 101, Introduction to Kinesiology	3
Biology 239, General Human Anatomy	4
Biology 249, Human Physiology	4

Movement Based Courses: Select a maximum of 1 course from any 3 of the following areas for a total of three units.

- Kinesiology Aquatics 201A, Swimming (1)
- Kinesiology Aquatics 201B, Intermediate Swimming (1)

Area 2 Combatives

- Kinesiology Activities 140A, Beginning Karate (1)
- Kinesiology Activities 155A, Beginning Self-Defense (1)

Area 3 Dance

- Dance 110, Beginning Mexican Folk Dance (1)
- Dance 111, Intermediate Mexican Folk Dance (1)

Area 4 Fitness

3

- Kinesiology Activities 170A, Beginning Yoga (1)
- Kinesiology Fitness 147A, Beginning Weight Training (1)
- Kinesiology Aerobic Fitness 140A, Beginning Walking/Jogging for 3 Fitness (1)
- Kinesiology Aerobic Fitness 156A, Beginning Cardio Kickboxing (1)
- Kinesiology Aerobic Fitness 157A, Beginning Cardio Pump (1)

Area 5 Individual Sports

- Kinesiology Activities 107A, Beginning Badminton (1)
- Kinesiology Activities 160A, Beginning Tennis (1)

Area 6 Team Sports

- Kinesiology Activities 220A, Beginning Basketball (1)
- Kinesiology Activities 260A, Beginning Soccer (1)
- Kinesiology Activities 270A, Beginning Softball (1)
- Kinesiology Activities 290A, Beginning Volleyball (1)
- Kinesiology Activities 290B, Intermediate Volleyball (1)

List A: Select two courses (7.5-9 units)

1. Math 219, Statistics and Probability (4) —OR— Math 219H, Honors Statistics and Probability (4) —OR— Social Science 219, Statistics and Probability (4) —OR— Social Science 219H, Honors Statistics and Probability (4)
2. Chemistry 210, General, Organic and Biochemistry (5) —OR— Chemistry 219, General Chemistry (5) —OR— Chemistry 219H, Honors General Chemistry (5)
3. Physics 279, College Physics I (4) —OR— Physics 210, Principles of Physics I (4) —OR— Physics 217, Engineering Physics I (4)
4. Kinesiology Health Education 105, First Aid and Personal Safety (1.5) —AND— Kinesiology Health Education 107, Cardiopulmonary Resuscitation (2)

7.5-9

NOTE: Kinesiology Health Education 105 & 107 count as one course for List A.



California community colleges are now offering Associate Degrees for Transfer (ADT) to the CSU. These may include Associate in Arts (AA-T) or Associate in Science (AS-T) degrees. These degrees are designed to provide a clear pathway to a CSU major and baccalaureate degree. California community college students who are awarded an AA-T or AS-T degree are guaranteed admission with junior standing somewhere in the CSU system and given priority admission consideration to their local CSU campus or to a program that is deemed similar to their community college major. This priority does not guarantee admission to specific majors or campuses.

Students who have been awarded an AA-T or AS-T are able to complete their remaining requirements for the 120-unit baccalaureate degree within 60 semester or 90 quarter units.

Santa Ana College offers numerous AA-T and AS-T degrees. To find out which CSU campuses accept each degree, please meet with a SAC counselor. You can also find this information at: www.calstate.edu/transfer/adt-search/search.shtml. **An A.A.-T or A.S.-T degree may not be the best option for students intending to transfer to a particular CSU campus, or to a university or college that is not part of the CSU system.** Current and prospective community college students are encouraged to meet with a counselor to review their options for transfer and to develop an educational plan that best meets their goals and needs.

***Please consult a counselor regarding specific course requirements for your transfer institution.**



Requirements

Student completion requirements for the associate degree for transfer:

- 1.) 60 semester or 90 quarter CSU transferable units. At least 12 of the units must be earned at Santa Ana College.
- 2.) The California State University General Education-Breadth pattern (CSU GE Breadth); OR the Intersegmental General Education Transfer Curriculum (IGETC) pattern. (Students pursuing an ADT in Biology or Chemistry, currently under development, have the option of using CSU General Education for STEM or IGETC for STEM. Please see a counselor for more information).
- 3.) A minimum of 18 semester or 27 quarter units in the major or area of emphasis as determined by the community college district (see Instructional Programs portion of the catalog).
- 4.) Obtainment of a minimum grade point average (GPA) of 2.0.
- 5.) Earn a grade of C or better in all courses required for the major or area of emphasis.

Santa Ana College currently offers the following Associate in Arts and Associate in Science for Transfer degrees:

Administration of Justice
 Anthropology
 Art History
 Business Administration Communication
 Studies Computer Science
 Early Childhood Education Elementary Teacher
 Education English
 Geography
 Geology
 History
 Journalism
 Kinesiology
 Mathematics
 Music
 Philosophy
 Physics
 Political Science
 Psychology
 Sociology Spanish
 Studio Arts
 Theatre Arts

See the Instructional Programs Section of this catalog for major requirements. Additional degrees were pending approval from the California Community College Chancellor's Office at the time of catalog publication.

Course Substitutions and Reciprocity, Policy and Procedures

Students who have completed courses at another California community college, a regionally accredited institution and/or completed an external exam such as AP, CLEP, or IB may apply the coursework or exam results toward AA-T/AS-T major requirements as follows:

- 1.) A course with a C-ID designation which is completed at another California community college will be substituted for a SAC course that meets an Associate Degree for Transfer (ADT) major requirement designated with the same C-ID number SAC departmental approval is not required.
- 2.) A course without a C-ID designation which is completed at a regionally accredited institution, other than a California community college, will be reviewed by SAC discipline faculty. Course-to-course substitution will be granted based on discipline faculty determination of comparability to a SAC course with the approved C-ID designation for the given ADT. Course-to-course substitution will be granted in accordance with the statewide C-ID descriptor when the SAC course does not have an approved C-ID designation, but a statewide C-ID descriptor exists. When no such descriptor exists, course substitution will be based on discipline faculty determination of comparability to a SAC course included on the ADT.
- 3.) Students who have completed an external examination such as AP, CLEP, and IB are granted course credit toward ADT major requirements as listed in the SAC catalog (Students should be aware that AP credit may be awarded/counted differently by the transfer institution).
- 4.) A course completed at another California community college that is approved as part of an associate degree for transfer will be applied to the corresponding Santa Ana College Associate Degree for Transfer (ADT) in the corresponding SAC ADT area. Courses completed at other California community colleges must be part of the ADT at the time the student completed the course. Courses completed at other CCC's prior to ADT approval will be "grandfathered".