

## REQUIREMENTS FOR THE ASSOCIATE IN ARTS FOR TRANSFER (A.A.-T.) OR ASSOCIATE IN SCIENCE FOR TRANSFER (A.S.-T.)



California Community Colleges offer Associate Degrees for Transfer (ADT) to the CSU. These include Associate in Arts (AA-T) or Associate in Science (AS-T) degrees. These are designed to provide a clear pathway to a CSU major and baccalaureate degree. California Community College Students who are awarded an AA-T or AS-T degree are guaranteed priority admission with junior standing to a CSU campus in a program that is deemed “similar” to their community college major. The student is not guaranteed admission to a particular campus or major. Students who have been awarded an AA-T or AS-T are able to complete their remaining requirements for a 120-unit baccalaureate degree at a CSU campus within 60 semester or 90 quarter units.

Santa Ana College offers numerous AA-T and AS-T degrees. To find out which CSU campuses accept each degree, please meet with a SAC counselor or visit [www.icangotocollege.com](http://www.icangotocollege.com). **An AA-T or AS-T degree may not be the best option for students intending to transfer to a particular CSU campus, or to a university that is not part of the CSU system.** Current and prospective community college students are encouraged to meet with a counselor to review their options for transfer and to develop an educational plan that best meets their goals and needs.

Other four-year universities participating in the ADT program include Historically Black Colleges and Universities, fully online and out-of-state universities and independent colleges and universities in California. A complete list can be found here: <https://www.cccco.edu/Students/Transfer/participating-ca-independent-non-profit-universities> Consult with a SAC counselor and review each campus website for their participation details.



### Requirements

Student completion requirements for the associate degree for transfer:

1. 60 semester or 90 quarter CSU transferable units. At least 12 of the units must be earned at Santa Ana College.
2. The California State University General Education-Breadth pattern (CSU GE Breadth); OR the Intersegmental General Education Transfer Curriculum (IGETC) pattern.  
Note: The ADT can be awarded to students completing the UC version of IGETC, but completion of this pattern will not satisfy CSU admission requirements.  
Students pursuing an ADT in Chemistry or Biology, must complete CSU GE for STEM or IGETC for STEM as specified in the SAC catalog.
3. A minimum of 18 semester or 27 quarter units in the major or area of emphasis as determined by the community college district (see Instructional Programs portion of the catalog).
4. Obtainment of a minimum grade point average (GPA) of 2.0. (Some majors may require a higher GPA)
5. Earn a grade of C or better (C minus is not acceptable) or Pass in all courses required for the major or area of emphasis.

### Santa Ana College currently offers the following Associate in Arts and Associate in Science for Transfer degrees:

- Administration of Justice
- Anthropology
- Art History
- Biology
- Business Administration 2.0
- Chemistry
- Communication Studies
- Computer Science
- Early Childhood Education
- Economics
- Elementary Teacher Education
- English
- Film, Television and Electronic Media
- Geography
- Geology
- History
- Hospitality Management
- Journalism
- Kinesiology
- Law, Public Policy, and Society
- Mathematics
- Music
- Nutrition
- Philosophy
- Physics
- Political Science
- Psychology
- Public Health Science
- Sociology
- Spanish
- Studio Arts
- Theatre Arts

### Course Substitutions and Reciprocity, Policy and Procedures

Students who have completed courses at another California community college, a regionally accredited institution and/or completed an external exam such as AP, CLEP, or IB may apply the coursework or exam results toward AA-T/AS-T major requirements as follows:

1. A course with a C-ID designation which is completed at another California community college will be substituted for a SAC course that meets an Associate Degree for Transfer (ADT) major requirement designated with the same C-ID number. SAC departmental approval is not required.
2. A course without a C-ID designation which is completed at a regionally accredited institution, other than a California community college, will be reviewed by SAC discipline faculty. Course-to-course substitution will be granted based on discipline faculty determination of comparability to a SAC course with the approved C-ID designation for the given ADT. Course-to-course substitution will be granted in accordance with the state-wide C-ID descriptor when the SAC course does not have an approved C-ID designation, but a statewide C-ID descriptor exists. When no such descriptor exists, course substitution will be based on discipline faculty determination of comparability to a SAC course included on the ADT.
3. Students who have completed an external examination such as AP, CLEP, and IB are granted course credit toward ADT major requirements as listed in the SAC catalog. (Students should be aware that AP credit may be awarded/counted differently by the transfer institution.)
4. A course completed at another California community college that is approved as part of an associate degree for transfer will be applied to the corresponding Santa Ana College Associate Degree for Transfer (ADT) in the corresponding SAC ADT area. Courses completed at other California community colleges must be part of the ADT at the time the student completed the course. Courses completed at other CCCs prior to ADT approval will be “grandfathered”.
5. A course with a C-ID designation which is completed at another California Community College, but does not meet an Associate Degree for Transfer (ADT) major requirement at the college where completed or match a SAC C-ID number, can be applied to the ADT if the C-ID number is included in the statewide Transfer Model Curriculum (TMC) template. The course will be applied to the degree based on the location of the C-ID number on the TMC. SAC departmental approval is not required.

**Associate in Arts in Kinesiology for Transfer 2022-2023**

The Associate in Arts in Kinesiology for Transfer is designed to prepare students for transfer into the CSU system to complete a baccalaureate degree in Kinesiology or similar major. This degree provides guaranteed admission with junior status to the CSU system, although not to a particular campus or major. Upon completion of the degree students will be able to articulate understanding of scientific foundations of Kinesiology, distinguish between Kinesiology-related careers, and demonstrate movement skills competence. Students will gain knowledge and movement-based experience preparing them in pursuit of a bachelor's or master's degree and or professional certification in exercise science, nutrition, health promotion, sports medicine athletic training, physical therapy, and coaching or fitness related fields.

**Learning Outcome(s):**

1. Students will apply scientific foundations to understanding human movement.
2. Students will discuss the importance of physical activity in daily life and the implications for Kinesiology-related careers.
3. Students will demonstrate competence in at least 3 areas of physical activity experience.
4. Students will be able to compare and contrast the many sub-disciplines of Kinesiology.
5. Student will be able to express the nature and demands of Kinesiology-related occupations.

**Courses****Units****Required Core (14 units)**

Kinesiology Professional 101, Introduction to Kinesiology	3
Biology 239, General Human Anatomy	4
Biology 249, Human Physiology	4

**Movement Based Courses: Select a maximum of 1 course from at least 3 three different physical activity areas. (3 units) 3****Area 1 Aquatics**

Kinesiology Aquatics 201A, Beginning Swimming (1)

Kinesiology Aquatics 201B, Lap Swimming (1)

Kinesiology Aquatics 226A Beginning Water Polo (1)

**Area 2 Combatives**

Kinesiology Activities 140A, Beginning Karate (1)

Kinesiology Activities 155A, Beginning Self-Defense (1)

Kinesiology Activities 169A Beginning Wrestling (1)

Kinesiology Aerobic Fitness 156A Beginning Cardio Kickboxing (1)

Kinesiology Aerobic Fitness 156B Intermediate Cardio Kickboxing (1)

**Area 3 Dance**

Dance 106A, Introduction to Modern Dance (1)

Dance 106B, Introduction to Modern Dance (1)

Dance 108A, Introduction to Ballet (1)

Dance 108B, Introduction to Ballet (1)

Dance 110, Beginning Mexican Folk Dance (1)

Dance 111, Intermediate Mexican Folk Dance (1)

Dance 112, Ethnic Dance (1)

Dance 113A, Flamenco Dance I (1)

Dance 113B, Flamenco Dance II (1)

Dance 117, Introduction to Middle Eastern Dance (1)

Dance 118, Introduction to Caribbean and Latin Dance Styles (1)

Dance 119A, Introduction to Jazz Dance (1)

Dance 119B, Introduction to Jazz Dance (1)

Dance 120A, Introduction to Hip-Hop Dance (1)

Dance 120B, Introduction to Hip-Hop Dance (1)

Dance 122A, Commercial Dance I (1)

Dance 123, Introduction to Salsa Dance (1)

Dance 124, Intermediate Salsa Dance (1)

**Area 4 Fitness**

Dance 109A, Pilates Mat I (1)

Dance 109B, Pilates Mat II (1)

Kinesiology Activities 123, Personal Fitness Training (1)  
Kinesiology Activities 150A, Beginning Hatha Yoga (1)  
Kinesiology Activities 170A, Beginning Yoga (1)  
Kinesiology Aerobic Fitness 140A, Beginning Walking/Jogging for Fitness (1)  
Kinesiology Aerobic Fitness 144A, Beginning Cross Training (1)  
Kinesiology Aerobic Fitness 146A, Beginning Stability Ball (1)  
Kinesiology Aerobic Fitness 146B, Intermediate Stability Ball Training (1)  
Kinesiology Aerobic Fitness 150A, Beginning Stretch, Flex, and Tone (1)  
Kinesiology Aerobic Fitness 156A, Beginning Cardio Kickboxing (1)  
Kinesiology Aerobic Fitness 156B, Intermediate Cardio Kickboxing (1)  
Kinesiology Fitness 112A, Beginning Circuit Training (1)  
Kinesiology Fitness 112B, Intermediate Circuit Training (1)  
Kinesiology Fitness 114A, Beginning Spinning (1)  
Kinesiology Fitness 114B, Intermediate Spinning (1)  
Kinesiology Fitness 115A, Beginning Cardiovascular Conditioning (1)  
Kinesiology Fitness 115B, Intermediate Cardiovascular Conditioning (1)  
Kinesiology Fitness 147A, Beginning Weight Training (1)  
Kinesiology Fitness 147B, Intermediate Weight Training (1)

#### **Area 5 Individual Sports**

Kinesiology Activities 107A, Beginning Badminton (1)  
Kinesiology Activities 107B, Intermediate Badminton (1)  
Kinesiology Activities 160A, Beginning Tennis (1)

#### **Area 6 Team Sports**

Kinesiology Activities 211A, Beginning Baseball (1)  
Kinesiology Activities 211B, Intermediate Baseball (1)  
Kinesiology Activities 220A, Beginning Basketball (1)  
Kinesiology Activities 220B, Intermediate Basketball (1)  
Kinesiology Activities 230A, Beginning Flag Football (1)  
Kinesiology Activities 260A, Beginning Soccer (1)  
Kinesiology Activities 260B, Intermediate Soccer (1)  
Kinesiology Activities 265A, Beginning Indoor Soccer (1)  
Kinesiology Activities 265B, Intermediate Indoor Soccer (1)  
Kinesiology Activities 270A, Beginning Softball (1)  
Kinesiology Activities 290A, Beginning Volleyball (1)  
Kinesiology Activities 290B, Intermediate Volleyball (1)

#### **List A: Select two courses (7-9 units)**

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1. Math 219, Statistics and Probability (4) —OR— Math 219H, Honors Statistics and Probability (4) —OR— Psychology 210 (4), Statistics for the Behavioral Sciences
2. Chemistry 210, General, Organic and Biochemistry (5) —OR— Chemistry 219, General Chemistry (5) —OR— Chemistry 219H, Honors General Chemistry (5)
3. Physics 210, Principles of Physics I (4) —OR— Physics 217, Engineering Physics I (4) —OR— Physics 279, College Physics I (4)
4. Kinesiology Health Education 106, Cardiopulmonary Resuscitation and First Aid (3)

**7-9**

**Total 21 - 23**