

SANTA ANA COLLEGE
CRIMINAL JUSTICE ACADEMIES
COURSE SYLLABUS

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MISSION STATEMENT

Santa Ana College
inspires, transforms, and
empowers a diverse
community of learners

**COURSE TITLE: Post Critical Incident Response for Peer Support
CJA 40B**

COURSE OBJECTIVES:

Upon completion of the course students will be able to:

1. identify the roles of Peer Support
2. recognize acute stress reactions
3. demonstrate crisis counseling skills
4. demonstrate knowledge of partnerships and Peer Support Team resources

GRADING:

All testing procedures and protocols are consistent with California Peace Officers Standards and Training (POST) rules and regulations

POST certified instructors evaluate student performance in all tested exercises.

Scale: 70% or higher – Pass / Lower than 70% - No Pass

SCHEDULED COURSE:

See Santa Ana College 2019-2020 Catalog at sac.edu, or call the CJA Office at 714 566-9200

REQUIRED MATERIALS:

Supplied by instructor during the first class meeting

COURSE CONTENT:

Lecture

1. Critical Incident
 - A. Immediate response
 - B. Established protocols
2. Aftermath of Trauma
 - A. Purpose of crisis intervention
 - B. Processing trauma
3. Crisis Intervention and Practice
 - A. Predictors of post-traumatic stress
4. Peer Support Resilience
 - A. Protective factors

Total Lecture Hours – 2

Lab

1. Introduction
 - A. Class discussion – identify the roles of Peer Support
2. Critical Incidents
 - A. Table top exercise – The ripple effect of a critical incident
 - B. Class discussion of the Aurora CO. Incident
 - C. Table top exercise – Critical Incident Response
3. The Aftermath of Trauma
 - A. Common reactions to trauma
 - B. Impact on personnel
4. Crisis Intervention and Practice
 - A. Critical incident debriefs
 - B. Building law enforcement resiliency
5. Peer Support Resilience
 - A. Healthy life style
 - B. Post traumatic growth

Total Lab Hours – 6

Total Course Contact Hours – 8 (2 hours Lecture/6 hours Lab)

LEARNING METHODS TO BE EMPLOYED:

Class discussions, Group Study & Exercises, Handouts, Instructor Demonstrations, Lecture, Reading Assignments, Other: Practical Application Exercises

SKILLS TO BE MEASURED BY:

Multiple Practical Application Exercises

STANDARDS OF STUDENT CONTACT:

From the 2019-2020 SAC Catalog page 61: Students enrolling in district educational programs assume an obligation to obey state law and district rules and regulations governing the conduct of students. Students who enroll in those instructional programs in which the college has affiliations with various outside associations must comply with the college's policies and procedures and also with the outside association's policies and procedures. This includes but is not limited to students enrolled in the programs of Fire Academics, Criminal Justice Academies and Nursing.

ACADEMIC ACCOMODATION STATEMENT:

A student with a disability, who would like to request an academic accommodation, is responsible for identifying herself/himself to the instructor and to the Disabled Students Programs and Services (DSPS). To make arrangements for academic accommodations, contact the Disables Student Office in Johnson Center, U-103, or phone (714) 564-6264, TTY (714) 564-6284 for a referral to the appropriate DSPS Department.