



COVID-19 Isolation and Quarantine Guidelines

May 9, 2022

This fact sheet provides information on when and for how long employees/students must be excluded from school or workplace setting if they test positive or are exposed to someone who has COVID-19.

Vaccination status	Isolation or quarantine	Period of time to be excluded from work/school
All persons that test positive for COVID- 19, regardless of vaccination status	Isolation	<ul style="list-style-type: none"> Must be excluded from school/work for at least 5 days after start of symptoms or after date of first positive test if no symptoms. Isolation can end after day 5 if symptoms are not present or are resolving, and a diagnostic specimen collected on day 5 or later tests negative. If the test on day 5 (or later) is positive, isolation can end and the employee/student may return to school or work after day 10 if they are fever-free for 24 hours without the use of fever-reducing medications. If a person cannot test or declines to test they can return to school/work after 10 days if they are fever free for 24 hours Must wear a face covering around others at work for a total of 10 days after the positive test.
All persons who have symptoms regardless of vaccination status	Isolation	<ul style="list-style-type: none"> Must be excluded from school/work and test as soon as possible. Exclusion must continue until test results are obtained. Isolation may end IF: A diagnostic specimen collected as early as the onset of their symptoms or later tests negative. CDPH recommends continuing exclusion and retesting in 1-2 days if testing negative with an antigen test, particularly if tested during the first 1-2 days of symptoms. If fever is present, isolation shall continue until fever resolves without the use of fever-reducing medications. If symptoms other than fever are not resolving, isolation shall continue (i) until symptoms are resolving or (ii) for 10 days regardless of whether symptoms are resolving or not. If person cannot test or declines to test they can return to work/school after 10 days. Must wear a face covering around others at work for a total of 10 days after the positive test
Persons exposed to someone with COVID-19 who do not have any symptoms regardless of vaccination status	No Quarantine	<ul style="list-style-type: none"> Does not need to be excluded from work or school if they have no symptoms, but must get tested 3-5 days after close contact. Must wear a face covering around others at work or school for 10 days after exposure. If the person develops symptoms, they must be excluded pending a test result.